



second Lesson Follow-Ups for Families

WHAT?

Second Step Lesson Follow-Ups are fun, engaging activities you can do with your middle school child and other members of your family. They include Family Projects, Table Talk, and Screen Time activities.

WHY?

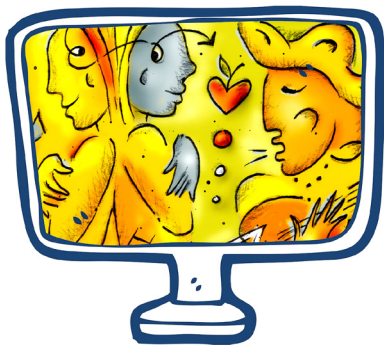
These activities are designed to give your middle school child another chance to use new skills learned in *Second Step* lessons. They are also a way for you get to know more about what your middle school child is learning with the *Second Step* program. They're also a great way to spend some fun time together as a family.

WHO?

You can do these activities with your middle school child, and other family members can join as well.

WHERE?

Most of these activities can be done at home around the dinner table or in front of the TV screen.



Lesson 10, Media Literacy

Screen Time: Rate Their Problem-Solving Skills

What you'll need: TV

1. With your child, watch an age-appropriate TV comedy or drama that shows poor problem-solving skills.
2. Together identify the problem and rate the characters' use of problem-solving skills on a scale from one to five (where one is poor and five is excellent).
3. Brainstorm a few ideas for how the characters might solve the problem, and decide on the best solution.